Yummy Pear Cake

Ingredients

- 4 cups peeled, cored and chopped pears
- 1 ½ cups white sugar
- 3 cups sifted all-purpose flour
- 1 teaspoon salt
- 1 1/2 teaspoons baking soda
- 1 teaspoon ground nutmeg
- 1 teaspoon ground cinnamon
- 1/2 teaspoon ground cloves
- 4 egg whites or 3 whole eggs
- 2/3 cup canola oil
- 1 cup chopped pecans (optional)

Directions

- 1. Combine the pears and the sugar and let stand for one hour.
- 2. Preheat oven to 325 degrees F (165 degrees C). Spray a 10 inch bundt pan or 8x8 pan with non-stick cooking spray.
- 3. Slightly beat the egg (whites) and combine them with the oil, chopped pecans and pear mixture.
- 4. Stir the flour, salt, baking soda, nutmeg, cinnamon and cloves. Stir in the pear mixture. Pour batter into the prepared pan.
- 5. Bake at 325 degrees F (165 degrees C) for 1 hour and 10 minutes. Remove from oven , let cool on a wire rack for 10 minutes before removing form pan.