

# SEPTEMBER

## HUNGER ACTION MONTH (HAM)

This September we invite you to team together with us and take a stand against hunger. The impact that you, your friends, your family, and your network can make is huge when it's all added up! We put this calendar together to inspire your contribution, whether it's through giving, volunteering, sharing, or more. [Learn more at fmpfoodbank.org](http://fmpfoodbank.org)

FRIDAY

SATURDAY

1

Share this calendar with a friend

2

Join us on social @fmpfoodbank



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

3

**DINE TO DONATE FUNDRAISER**

**Acoustic Café**  
(505 S Barstow St, Eau Claire)  
10% of sales donated to FMP  
Sept 3—9

4

**LABOR DAY**

Share a meal with a neighbor

5

Hang posters up in your local community for Hunger Action Month

6

Ask a friend or colleague to Go Orange with you this Friday

7

Skip the morning coffee and make a donation to Feed My People or your local pantry

8

**GO ORANGE DAY**

Wear orange, take a selfie, share it using #GoOrange23

9

Sign up to volunteer at the Pack-a-Thon



10

**DINE TO DONATE FUNDRAISER**

**Silly Serrano**  
(2006 Cameron St, Eau Claire)  
10% of sales donated to FMP  
Sept 10—16

11

Take the Waste It or Taste It Quiz



12

Get ready to volunteer on Thursday at the "HAM CAN"

13

**KIDS TAKE OVER THE KITCHEN DAY**

What will you make together?

14

**HAM CAN PACK-A-THON**

Join registered volunteers at FMP to pack food for the school year

15

**NATIONAL HUNGER ACTION DAY**

Learn more about local hunger #MaptheMealGap

16

Listen to the podcast "Banker with a Beer" to hear from our ED Suzanne Becker



17

**DINE TO DONATE FUNDRAISER**

**French Press**  
(2823 London Rd, Eau Claire)  
5% of sales donated to FMP  
Sept 17—23

18

Easy ways to reduce food waste at home



19

Does a school in your area have a food pantry? Volunteer your time there

20

Contact us for a tour of our distribution center

info@fmpfoodbank.org

21

Share a post of ours to your social network



22

**UNITED WAY DAY OF CARING**

Volunteer at a participating non-profit in the Chippewa Valley

23

Listen to a past episode from Feeding America's podcast "Elevating Voices, Ending Hunger"



24

**DINE TO DONATE FUNDRAISER**

**Whirlybird Coffee**  
(2829 Cty Hwy I, Chippewa Falls) \$1 from every drink donated to FMP  
Sept 24—30

25

View our pop-up pantry schedule and share with someone



26

Contact us to do a lunch and learn at your workplace or community group

info@fmpfoodbank

27

Become a monthly FMP donor when you sign up to be an Apple Ally



28

**GOOD NEIGHBOR DAY**

Donate to support our neighbors' access to nutritious food

29



Make a post about your impact this month

30

Sign up for our newsletters to stay connected year round

