



AN UPDATE FOR PARTNERS OF FEED MY PEOPLE



Something To Think About This Halloween

When I remember how I spent Halloweens as a child, I think about time spent with my family, dressing-up in costumes trick-or-treating (even if my cool costume was covered up by my winter coat and snow pants), and admiring my loot of colorful candy (which I would soon be sorting). Now, as an adult, and having children of my own, I have continued those traditions, but added one. When we are done trick-or-treating, we walk into our home, and are greeted with the aroma of a cozy, warm, delicious soup.

I know not all children have the luxury of enjoying delicious, warm soup after a cold night of trick-or-treating. Consider adopting a few new traditions of your own in order to better

serve your neighbors.

- Rather than giving trick-or-treaters candy, hand-out more nutritious and substantial food items like granola bars, raisins, crackers, applesauce, etc.
- Hand out a healthy beverage. This is my kids' favorite house to visit because they get thirsty walking around the neighborhood.
- Encourage trunk-or-treat organizers to have attendees bring a non-perishable food item when they attend the event. Donate items to a local pantry.
- Consider having your pantry open during trunk-or-treat hours.
- Encourage youth to collect non-perishable food items while Trick-or-Treating. Donate to a local pantry.

What other amazing ways can you think of to make Halloween great for the families you serve?

Partner Highlights



St. Vincent de Paul Phillips Food Pantry

One of St. Vincent de Paul Phillips Food Pantry's volunteers turned 98! They celebrated together following their distribution. He loves coming to "work" since his wife died.

He says, "The key to living to an old age is work hard and be kind."

thank you for volunteering and your dedication to your community. Cheers to another amazing year "working" at the food pantry! Happy Birthday!



Raider Market - Arcadia Middle School

Article written by Sarah Kyes
Arcadia Middle School Counselor

Arcadia School district serves nearly 1300 students and around 75% of these students qualify for free or reduced lunch. Based on this need, a small group of staff members decided to create the Raider Market! The Raider Market is open to all students whose family could benefit from having additional

food resources at home. It was started at the end of March 2023, and in the short amount of time it was open last school year, over 2600 lbs of food were distributed to over 80 students which impacted nearly 350 people!

Another thing we are very proud of is the culturally responsive foods we are able to offer to our nearly 80% Hispanic student population. Through Feed My People, we are able to consistently offer masa flour, black beans, and pinto beans. We have also partnered with a local organization who rescues food from area businesses.

With guidance from Feed My People and other school food pantries, we made the decision to allow students to "shop" for items. We have a helper who assists students with making choices based on what their family's specific needs are. This has led to greater autonomy and ensures students are taking what they will use.

We are grateful for the support we receive from Feed My People! Without it, we would not be able to offer this wonderful resource to our students. To start off this school year, we already have over 45 students signed up to visit the Market the first day it opens! We know that number will only continue to grow.

Raider Market Welcome Video

Resources



Invite Local Resources

As winter fast approaches, consider what other resources your guests may benefit from. Reach out to local resources who provide support for Energy Assistance, Digital Equity, Clothing Needs, Homelessness, FoodShare, etc.

Together, we can do more and make a larger impact on our communities. Who will you invite to your distribution first?



Fantastic Fall Recipes

Do you need new recipes? Do you wonder what produce is great this time of year? Check out a few recipes using fall produce and enjoy the flavors of the season.

Recipes

Fall Pop-Up

Schedule

Food Rescue
Opportunities



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