Easy Chili

Ingredients

1 1/2 pounds lean ground beef 2 (14-1/2-ounce) cans diced tomatoes

1 onion, chopped 2 to 3 tablespoons chili powder

1 small green bell pepper, chopped2 garlic cloves, minced1 teaspoon salt1 teaspoon pepper

2 (16-ounce) cans red kidney beans, rinsed 1 teaspoon ground cumin

and drained

Cook first 4 ingredients in a large skillet over medium-high heat, stirring until beef crumbles and is no longer pink; drain. Place mixture in 5-quart slow cooker; stir in beans and remaining ingredients. Cook at HIGH 3 to 4 hours or at LOW 5 to 6 hours.